

## PE Curriculum Map

	Nursery	Reception	Year 1	Year 2	Year 3
Body Management Skills	Begin to balance on 1 foot	Begin to balance on 1 foot	Can balance on 1 foot using points and patches including arabesque.	Can travel into and out of a balance	
Dance and Gymnastics	Begin to walk in a straight line	Begin to walk in a straight line	Can walk in a straight line	Can rock to standing position	
	Begin to perform log rolls	Can perform a log roll	Can use simple hand apparatus	Can perform a teddy bear roll	
	Begin to perform egg rolls	Can perform an egg roll	Can mount and dismount a bench.	Can climb mount and dismount small apparatus	
	Begin to walk along a bench.	Can walk and dismount a bench.	Can travel along a bench in a variety of ways.	Can perform a whole turn	
			Can rock forwards	Can move appropriately to stimuli	
			Can rock backwards		

			<p>Can perform spins and rolls with some control.</p> <p>Can perform a half turn</p> <p>Can copy a simple sequence.</p> <p>Can respond to a given stimuli.</p>	<p>Can create own 5 part sequence with control</p> <p>Can use space effectively.</p> <p>Can change levels in a sequence.</p>	
<p>Object Control skills</p> <p>Games</p>	<p>Begin to roll a ball underarm</p>	<p>Can roll a ball underarm</p> <p>Begins to catch a large ball</p>	<p>Can throw underarm</p> <p>Beginning to throw overarm</p> <p>Can catch a large ball</p> <p>Begin to perform a 2 handed strike</p> <p>Can roll with some accuracy</p>	<p>Can perform an overarm throw</p> <p>Can catch a medium ball</p> <p>Can perform a 2 handed strike</p> <p>Begin to dribble a ball using their foot</p> <p>Begin to kick a ball to a given target</p>	

			Can begin to use a racket to hit a rolling and bouncing ball	Roll and throw a ball with control  Demonstrate correct hitting position and use this with control	
Locomotor skills  Athletics/ Gymnastics	Can walk around a space being aware of others  Can jump 2 foot to 2 foot	Can walk around a space imitating an object e.g. an animal.  Can jump 2 to 2  Can jump 1 to 2  Can jump 2 to 1  Begin to jump for height  Begin to gallop forwards.	Can land a jump into an egg roll.  Can form shapes whilst jumping  Can walk alongside  Can sprint run  Can skip as a form of travel  Can hop as a form of travel	Can land a jump into a roll  Can follow and copy a partner  Can jump for height  Can jump for distance  Can jump of apparatus forming a shape	

			Can gallop forwards Beginning to side gallop		
Evaluate			Can improve work in response to feedback.	Can give feedback and use specific feedback to improve my performance.	