



PE Curriculum intent

Healthy bodies create healthy minds. Healthy minds create happy learners.

Bushfield Road Infant School recognises the value of Physical Education. Physical Education promotes an understanding in children of their bodies in action. It involves thinking, selecting and applying skills and promoting positive attitudes towards a healthy lifestyle enabling children to make informed choices about physical activities throughout their lives. It is our vision for every pupil to succeed and achieve their potential as well as to lead physically active lives. The PE curriculum is planned and sequenced so that new knowledge and skills build on prior learning. We inspire our pupils through fun and engaging PE lessons that the children enjoy, find challenging and are accessible to all. We want our pupils to appreciate the benefits of a healthy active lifestyle and the impact this has on their emotional wellbeing. Through the physical activity we provide there are opportunities for pupils to develop transferable life skills which build character and embed values such as respect, fairness and sportsmanship as well as providing them with varied experiences of competitive sport.

Through the teaching of PE at Bushfield Road Infant School we:

- Enable children to develop and explore physical skills with increasing control and co-ordination.
- Encourage children to work and play with others co-operatively in a range of group situations.
- Develop the way children perform skills and apply rules and conventions for different activities.
- Show children how to improve the quality and control of their performance.

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- Teach children to recognise and describe how their bodies feel during exercise.
- Develop the children's enjoyment of physical activity through creativity and imagination.
- Develop an understanding in children of how to succeed in a range of physical activities and how to evaluate their own success.